

Annika Strand was born and raised in Grand Forks, North Dakota. She graduated from Red River High School before attending Concordia College in Moorhead, Minnesota. During her time at University of North Dakota, she was a leader of the Emergency Medicine Interest Group and the Co-Founder and President of the University of North Dakota School of Medicine and Health Sciences Simulation Society. She is a member of the Alpha Omega Alpha Honor Medical Society and received the North Dakota Medical Association Award and the North Dakota District Medical Society Award upon graduation. She will be attending Emergency Medicine Residency at HealthPartners/Regions in Saint Paul, Minnesota. After residency, she hopes to return to her home state to practice Emergency Medicine and work with UND medical students. Outside of academics she enjoys snowboarding, playing volleyball, going to the lake, and hanging out with her Golden Retriever puppy, Mabel.